

# JAVA DIVE ORGANIC CAFÉ

## GLUTEN FREE



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Java Dive was created in 2006 as a small coffee shop with a limited food menu. I am gluten intolerant and chemically sensitive. In addition, my wife, Dr. Romy Sanders is a medically trained naturopathic physician and classical homeopath. From day one we offered gluten free options, and in Sep 2008 we opened our new and improved shop designed to be a full service restaurant. I wanted to create a place where those with celiac disease or any other food allergies could come and eat. Even though our menu has over 100 items, all menu items are available as GF. To insure a safe eating place all employees are trained in GF procedures, and our fryer is being used for GF items only.

Roni Liberman  
Founder

### WHAT WE DO:

#### DRESSINGS

All dressing are homemade as GF

#### CHEESE

We use GF cheese only

#### WRAPS

Available on "Food For Life" GF organic brown rice tortillas

#### PANINI / SANDWICHES

Available on "Kinnikinnick" GF Bread

#### SALADS

All dressings are homemade and GF. Salads are available with toasted "Kinnikinnick" GF bread

#### MEAT

We use GF meats only

#### GYRO

Homemade with 100% lamb meat with no filler. Made as GF

#### QUESADILLAS

Available on "Food For Life" GF organic brown rice tortilla

#### FALAFEL

Homemade as organic and GF. Available on "Food For Life" GF organic brown rice tortilla or on a salad

#### PHILLY CHEESE STEAK

Made with pure meat, no filler. Available on "Food For Life" organic brown rice tortilla

### BREAKFAST

#### BAGEL

GF "Kinnikinnick" Bagles

#### OATMEAL

Available with "Glutenfreeda Foods" GF Oatmeal

#### BREAKFAST TACO

"Whole Food" organic corn tortilla, approved as GF item by Alamo Group.  
Or, get two and have them made on "Food For Life" organic brown rice tortilla

#### BREAKFAST SANDWICH

"Kinnikinnick" GF bread

#### YOGURT W/ GRANOLA

Available with "Enjoy Life" GF Granola

### WEEKEND BRUNCH

#### BANANA BREAD FRENCH TOAST

Homemade version of GF organic brown rice available

#### PANCAKE

Homemade GF version available

#### BRUNCH PLATES

Available with GF bread, and corn tortilla

#### WAFFLE

Homemade organic brown rice waffle. Made on dedicated GF waffle iron

#### OMELETTES

Available with GF bread

### FROM THE KITCHEN

#### ASIAN STIR FRY

Made with "San-J" Organic GF soy sauce

#### SOUPS

All Soups are made as GF

#### KING RANCH CASSEROLE

Made as GF

#### BBQ PULLED PORK

Available on "Kinnikinnick" GF buns

#### SEAFOOD

We use only organic brown rice to coat seafood. Items that are on tortillas can be served on GF corn tortillas. Our fryer is used for GF items only

#### LAMB SANDWICH

Available on "Kinnikinnick" GF buns

#### BURGERS

All burgers are made by us and they are made as GF items. They are available on "Kinnikinnick" GF buns

### DESSERTS

We employ a full time Cordon Bleu pastry chef. All desserts are made in house.  
We can make GF and sugar free birthday, wedding and other special occasion cakes and pastries  
We make GF Cakes, Cupcakes, Cookies, Ginger Bread Boys & Girls, Brownies, Biscotti, and more

**MAKE SURE TO TELL YOUR SERVER THAT YOU NEED YOUR FOOD AS GF!**